

PREPARING FOR ADULTHOOD (PFA) - PROFILE OF SUPPORT

0	No support required in this area	
1	Minimal support / prompting required - largely independent in this area.	
2	Some support required to complete the tasks in this area	
3	Significant / total support required to complete most tasks in this area. Unable to complete tasks independently.	
Employment, Training, Higher Education or Supported Work Experience.	<ul style="list-style-type: none"> • Can access/engage in work, training, education or volunteering - keep busy and have a purposeful day • Has the skills for applying for jobs eg applications and interviews? • Is aware of benefits and would know how to claim the appropriate benefits? 	
Participation in Society/Relationships	<ul style="list-style-type: none"> • Can developing/maintain family and other personal relationships - this includes being able to communicate effectively with people, being understood and understanding others and being able to socialise • Can access community facilities and groups • Can make decisions about how to spend free time? • Knows about being safe in the local community? • Knows where to go for help when out and how to use the emergency services? 	
Independent Living	<ul style="list-style-type: none"> • Can travel independently • Can prepare meals - meet nutritional needs? • Is independent with self-care eg toileting, feeding, dressing? • Can living independently / be safe in own home? • Can manage living environment -this includes shopping, cleaning, laundry, making sure necessary repairs are carried out and dealing with household bills 	
Being Healthy	<ul style="list-style-type: none"> • Can understand sex, drug and alcohol education? • Can manage independently complex health needs? • Is aware of healthy eating and how to stay physically active? • Knows when to see the GP/dentist and can manage health appointments? 	

PfA Profile Area	Current Support Score (0-3)	Commentary/ Description (this is individual description of the young person's support needs and their circumstances in the four PfA areas - not merely a cut & paste of the descriptor in the profile document)
Employment, Training, Higher Education or Supported Work Experience.		
Participation in Society		
Independent Living		
Being Healthy		